# **Priority Habitats Field Guide**

This field guide will help you to remember the methods and specific features you learned about in your training, during your field assessment. You can print this out and take it with you, or download the PDF on your phone/tablet device. Remember to consider your **confidence level** (High, Moderate, Low) too!

## Assessing River and Stream Naturalness

**Physical -** here, we want to assess the physical naturalness of the river or stream. This part of the assessment asks you to look for **artificial modifications**, **tree cover and variety of vegetation** on the banks, as well as note any changes that have been made to the river .

## Scoring Natural **Highly natural** Some limited evidence of area has tree cover, tree area has tree cover, tree roots interact with the channel, affecting flow, channel to some extent, Semi-natural **Unnatural** Some evidence of Extensive physical modifications, with some channel/banks. are present and impacting habitat **Highly unnatural** Entire river is physically habitat features Don't forget

**PlantNet** 

**INaturalist** 

your

apps!

iRecord

iRecord

BloominAlgae

Rivers

**Hydrological -** here, we want to assess the hydrological naturalness of the river. This part of the assessment asks you to look at the way in which the **river flows** and whether **water is impounded or abstracted** at any point along its stretch.



**Chemical -** here, we want to assess the chemical naturalness of the river. This part of the assessment asks you to look out for the presence of **algal blooms**, **sewage fungus** and other evidence of **effluent discharge**.



Rivers

**Biological -** here, we want to assess the biological naturalness of the river. This part of the assessment asks you to make note of the presence of **non-native species** in and around the watercourse.



# **Key Habitat Features**

Remember to take note (if you can) of any of these key habitat features on your river or stream stretch.

- Bankside flushes and springs areas where ground water is seeping into the system.
- Trees interacting with channel trees along the river bank extending their roots or branches into the channel.
- Waterfalls and cascades often form in the upper reaches of streams, where the gradient of the land is changing more steeply.
- Woody material Discarded woody material such as fallen branches or trunks often make their way into undisturbed channels.
- Natural mire-stream transitions these occur where the wetland and stream are connected to eachother.
- Sinuous and multiple channels meandering stretches of river, as well as rivers that have split into several distinct channels.
- Riparian wetlands wetlands (bogs/mires/marshes) which form on the land immediately adjacent to the river or stream channel.
- Exposed cobble/gravel/sand naturally deposited sediments from high or low flow events.
- Moss-covered boulders these provide extra complexity to the river habitat.
- Fern-filled ravines/gyhlls well developed fern vegetation along steeper sided river banks.

## Assessing Lake Naturalness

Physical - here, we want to assess the physical naturalness of the lake. This part of the assessment asks you to consider the condition of the shoreline, the land use around the lake, and the shape of the lake (if artificial).

Use these categories (shoreline, land use, lake shape) to help you decide on the naturalness class of your lake. Whichever is the lowest score you give for a category, use that as the overall class e.g. if you gave shoreline a 2 but land use a 1, the overall class should be 2! Please note: lake shape is only used for artifical lakes.

Scoring						
1	Shoreline	Land use	Lake shape			
	• No evidence of physical modification,	• Land use around lake all semi-natural.	<ul> <li>Lake edges slopes gently, allowing for plants to grow in the water.</li> </ul>			
2	• Fringing wetland.					
	• No more than 5% of shoreline physically modified.	<ul> <li>Majority of land use around lake is semi natural.</li> </ul>	• Plant growth possible up to 10m from lake edge.			
	• Fringing wetland.					
5	• No more than 1/3 of shoreline physically modified.	• Around 2/3 of land use around lake is semi-natural.	• Plant growth possible up to 3m from, lake edge.			
	• Little wetland.					
4						
E	<ul> <li>Physical modifications across at least 2/3rds of shore.</li> </ul>	• At least 1/3rd of the land use around the lake is semi-natural.	• Edges may be steep, leaving little habitat for plants.			
2	Dhycical modifications	• Locathan 1/2 of land	• Artificial addres laava littla			
	across more than 2/3rds of shore.	use is semi-natural.	habitat for plants. May be some marginal or floating.			
	Wetland absent					

Hydrological - here, we want to assess the hydrological naturalness of the lake. This part of the assessment asks you to note features such as water level, the presence of structures, as well as inflows and outflows.

akes

#### **Structures**

 No structures affecting
 Natural, seasonal water level (creating) water level/creating barriers.

#### Water level

#### In/outflows

In/outflows natural, surrounding land not drained or with ditches.

2	Structures	Water level	In/outflows
3	<ul> <li>Structures may be present, but are not unpassable to fish.</li> </ul>	<ul> <li>Natural water level fluctuations, or, artifical mimicking natural pattern.</li> </ul>	<ul> <li>No additional ditches, but may be some modifications to in/ outflows.</li> </ul>
	<ul> <li>Structure is present that is impassable to most fish species, most of the time.</li> </ul>	•Water levels are fixed, unable to fluctuate naturally.	• Outflows modified, or, artifical inflows from land draining (ditches).
<b>4</b> 5	<ul> <li>Large structure present, impassable at all times to all fish species.</li> </ul>	• Water levels heavily depleted by abstraction.	• Outflows modified, artificial inflows (if any).
	• Very large, impassable structures present.	• Drawdown of more than 2m of water annually.	• Lake likely to be a reservoir or part of hydroelectric scheme.

Lakes

\_akes

**Chemical -** here, we want to assess the chemical naturalness of the river. This part of the assessment asks you to look at **algal growth**, **water quality**, and **plants**. You may also wish to apply sampling methods such as **water sampling** and **biological monitoring**.

Scoring				
1	Water clarity	Algae	Plants	Sampling
2	• Lake bottom or Secchi disc visible through more than 3m of water.	Very little algae, hardly noticeable.	• Plants growing at 3m depth or as deep as the lake (if less than 3m)	<ul> <li>Water tests show no positive result, biological sampling show no pollution.</li> </ul>
	<ul> <li>Lake bottom or Secchi disc visible through between 1m and 3m of water.</li> </ul>	•Occasional noticeable algae growth, not persistent or widespread.	<ul> <li>Plants growing at less than 3m depth, but more than 1m depth.</li> </ul>	• Water tests register low pollution. Bio- sampling shows low level pollution.
	• Lake bottom or Secchi disc visible through 50cm to 1m of water.	• Moderate filamentous algae, with algal blooms in spring and autumn.	<ul> <li>Some plants present but not abundant unless adapted to nutrients.</li> </ul>	Water tests show moderate pollution. Bio- samples represent moderate water quality.
4	• Lake bottom or Secchi disc visible through 25cm to 50cm of water.	• May be frequent blooms and extensive filamentous algae.	• Plants absent or sparse,	• Water tests register high pollution. Bio- samples represent highly impacted water quality.

#### Water clarity

lake under 25cm of water.

blooms and

Algae

• No submerged

**Plants** 

 Water tests and plants are present. biological sampling represent very high levels of pollution.

Sampling

**Biological -** here, we want to assess the biological naturalness of the lake. This part of the assessment asks you to make note of the presence of **non-native** species in and around the water.

Scoring					
1	Non-native plants	Non-native animals			
	<ul> <li>No evidence of non-native species in or around the lake.</li> </ul>	<ul> <li>No evidence of non-native species in or around the lake.</li> </ul>			
2	• Non-native plants occupy no more than 5% or shoreline/lake area	<ul> <li>Non-native animals are rarely encountered, and have little impact.</li> </ul>			
3	• Non-native plants occupy up to 25% of the shoreline.	•At least one non-native species found when searched for.			
4	<ul> <li>Non-native plants occupy up to 60% of the shoreline.</li> </ul>	• Multiple non-native species found when searched for.			
5	<ul> <li>Non-native plants occupy more than 60% of the shoreline.</li> </ul>	•Non-native species are numerous and found with little effort.			

## **Key Habitat Features**

Remember to take note (if you can) of any of these key habitat features on your lake:

- Shoreline modification this includes any changes to the shoreline such as reinforcing the banks or adding articfical structures.
- **Riparian zone up to 10m from bank** the area around the lake and semi-natural habitat.
- **Perimeter trees** note of the percentage of lake perimeter that has trees.
- Fringing marginal emergent vegetation note the percentage of the lake perimeter that has emergent vegetation.
- Number of ditches ditches may drain into the lake from the land surrounding, you may see these as you walk around, or on aerial maps.
- **Presence of outflow structures** can include sluices, weirs or dams.
- Plant functional groups keep an eye out for: rosette forming, floating leaved and rooted, free floating, submerged linear leaves, submerged broad leaves, submerged fine leaves, emergent broad leaves, emergent narrow leaves and filamentous algae.

## Non-native species





#### Himalayan balsam





## Giant hogweed (do not touch me!)







#### Japanese knotweed



New Zealand pygmyweed

## **Non-native species**





**Parrot's feather** 



Images © GB Non-Native Species Secretariat

### Signal crayfish (look for my red claws)



Images © Environment Agency



Image © Paul Beckwith BWW



Killer shrimp



Zebra mussel Image © Anastasija Zaiko

## Plant functional groups



Plants have **short**, **stiff leaves with pointed ends**. The leaves **join at the base** in a rosette e.g. shoreweed and water lobelia.



Leaves **lie flat on the water** surface but are rooted to lake bed e.g. water lily and floating bur reed.



Plants are not rooted, but lay on the surface of the water e.g. duck weed.



Grass-like leaves, mostly submerged underwater, and rooted to the lake bed e.g. horned pondweed.



Broad leaves, mostly submerged underwater, and rooted to the lake bed e.g. waterweed and clasping-leaved pondweed.



Very fine, branched 'leaves', mostly submerged underwater, and rooted to the lake bed e.g. stoneworts and water milfoils.



Broad leaf plants rooted to the lake bed, with flowers and leaves above water e.g. bog bean and fool's watercress.



Narrow leaf plants rooted to the lake bed, with flowers and leaves above water e.g. reeds and horsetails.

## **Emergent broad leaves**

# <u>Identification</u>



Algae that grow in threads that interweave. This forms a mat that looks like wet wool. May be attached to substrate or free-floating.

# **Nutrient enrichment**

These plants can be indicators of nutrient enrichment in still water bodies.



## Helpful resources



http://www.nonnativespecies.org/home/index.cfm



http://publications.naturalengland.org.uk/publication/5630174502584320 http://publications.naturalengland.org.uk/publication/6266338867675136

## Glossary

Abstraction: the removal of water from a river or other water body.

Artificial: a copy of a naturally occuring feature or process, made by humans.

**Biodiversity**: the variety of different plants and animals associated with a habitat. **Biological**: relating to living organisms.

Bloom: the rapid growth of algae or cyanobacteria in a water body.

**Chemical**: relating to chemistry e.g. interaction of compounds in the environment. **Clarity**: the degree of transparency or purity of water.

Effluent: sewage or other human waste that is discharged into a water body.

**Emergent**: an aquatic plant with leaves and flowers above water.

Enriched: the addition of nutrients.

Filamentous: resembling a thread, with a thin diameter.

**Grapnel**: a small hook with several prongs attached to rope, used to grab plants. **Habitat**: the environment within which an organism lives naturally.

Hydrological: relating to the properies of water above and below ground.

Impounded/impoundment: water that is held back by a structure e.g. a dam.

Inflow/outflow: the location where water moves into and out of a water body.

**Invertebrate**: an animal with no backbone e.g. molluscs, insects and crustaceans. **Modification**: a change that has been deliberately made.

Native: an animal or plant that is indigenous to a place.

**Physical**: relating to structure and interaction of tangible materials.

Pollution: the introduction of substances to the environment, with negative effects.

**Reach**: the extent or range of a waterbody that is being assessed.

Riparian: relating to the banks or adjacent land of rivers and streams.

Secchi Disc: a white and black disc used to measure transparency of water at depth.

Submerged: something that is completely underwater.

Vegetation: plants found in a particular habitat.

Water Framework Directive: EU and UK legislation aiming to prevent deterioration of the water environment and improve water quality by managin water in natural river bacin districts, rather than by administrative boundaries.

For further resources, please visit: <a href="https://priorityhabitats.org/">https://priorityhabitats.org/</a>



FRESHWATER BIOLOGICAL ASSOCIATION

